

The *Update* WOODREW

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A S.T.A.R. FOUNDATION publication: Donations Tax Exempt • (704) 926-3440

JULY/AUG. 1984
VOL. 3, NO. 6

"CHANGES" . . . A PERSONAL VIEW

Change is often unpredictable. But it is predictable that when change hits, humans will scurry to impose comfortable old habits on new situations. We are no exceptions to the rule. When we uprooted our Connecticut lives and moved to North Carolina a year-and-a-half ago, we promptly slipped into an old habit that we both find reassuring: drawing up schedules--and then getting things done "on time". This quirk of ours is something that a very special lady in our lives described as "planning your work and working your plan". Since the Ogatta group had suggested that we "be in place by 1984", we figured we were ahead of the game by moving in January 1983. Still, we were like two beavers as we set about identifying what needed to be "done".. and then drawing up a schedule.

The first six to eight months were devoted to adapting the rooms in our new house to our tastes. Utility and comfort are subjective, and all owners must put their individual stamp on a house before it fully becomes their "home". We arranged open spaces within the house to handle family and friends comfortably. We built offices and a library to accommodate our work habits and installed sliding glass doors to better see the surrounding mountains. All of this was completed by August of 1983; and again we were happy to be 'way ahead of schedule. During this period we also put together a cooperative group of skilled craftsmen: carpenters, plumbers, electricians, painters, carpet layers, masons. They would eventually be called to work on the big project, the S.T.A.R. HOUSE.

We had promised each other that we wouldn't immerse ourselves in landscaping until the interior was completed. We now turned to the outdoors. To date we have planted over 5000 rhododendron, mountain laurel, locosthia and azalea--and we're still not finished. Actually, we can't visualize plantings ever being completed. (We're fortunate to have

two great landscaper friends, Sue and Phil, Updaters both, who come to Reisha Way at six month intervals and thus ensure a landscaping success.)

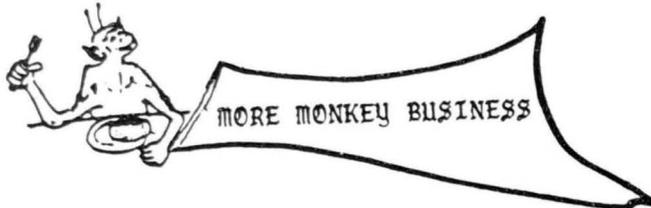
There were several other outside projects that we wanted to complete before undertaking the S.T.A.R. HOUSE this Spring. They were: 1) Build a road along the ridge above Reisha Way. This would open up seven beautiful acres with a panoramic view that we hope may help entice our children to join us eventually. 2) Build a much longer and steeper road on a nearby 20 acres. We purchased this land jointly with special friends to take it off the market (it directly faces Reisha Way) and to have it available for whatever needs might arise in the future. 3) Bulldoze and reshape an unattractive half-acre hill facing us. 4) While doing this, we aimed to build a work-shop into the hill since we had eliminated another work-shop space while renovating the house.

These were all short-term projects to be handled during December and January when periods of bad weather hamper heavy equipment from tackling larger jobs. Both the master carpenter and 'dozer operator warned us that bad weather might block work on some days, but they assured us that these jobs were not problems and could certainly be completed on schedule.

Now, as Updaters, you all know that we fully expect climatic change to upset normal weather patterns. So you may be amused to learn that through five months of inclement weather (Dec. - Apr.) we both failed to relate the freakish weather behavior to "Nature's Plan". Let's face it. We all have our blind spots--especially when confronted by something we don't want to see. It will also come as no surprise that we did not complete a single one of our scheduled outdoor projects. Freezing and thawing, torrential downpours and rapid drying, all prevented us from making a dent in our

land. We want to stress that none of this weather behavior was unusual; but the rapid shifts were unprecedented. Our Waynesville natives say they have never seen such a fickle weather pattern. (Did you find the same in your own neck of the woods?)

It is now the middle of June, and we are back to work...more than three months behind schedule. But, as we tell each other daily, the schedule is our own, and failure to meet it bears no grave consequences. Our steady stream of visitors ooh and ahh over what we have done. Yet, in our very human way, we find that falling behind a schedule we have planned and set still gives us knots in the gut! Our "Eastern Establishment" stomachs don't always listen to our "New Age" perspectives; they sometimes prefer familiar old ways. What can we say? Habits are tough to break---even when changes hit us right between the eyes.



The response to our HUNDRETH MONKEY editorial was extraordinary. Many Updaters expressed the hope that they might contribute to the hundredth monkey phenomenon in the area of raising consciousness and stabilizing new behavior patterns. During our fourth appearance on KABC's "Open Mind" talk show with Bill Jenkins in California I told the story of the monkeys over the air to the half-million listening audience. Their response was intensely gratifying. Now, to satisfy Updater's requests for more information on Rupert Sheldrake's new "hypothesis of formative causation"...morphogenetic fields...we paraphrase the following from his book, A NEW LIFE SCIENCE. Living species or systems are more than the sum of their parts. They possess properties which cannot be fully understood by breaking down the pieces. No one part either determines the form or shape of the species, or dictates its evolutionary path. Currently, biology can trace the steps in development from seed or sperm cell and ovum to birth and beyond. However, it only approaches the mechanics of the process. Sheldrake's hypothesis addresses the unanswered (and maybe unasked) question of why the species assumes the characteristics and form it does. The theory states that

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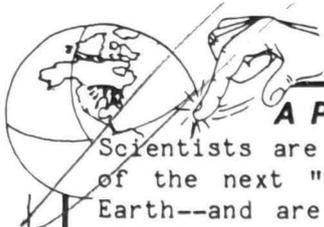
specific morphogenetic fields are responsible for the way the species has evolved to date. The species resembles the composite characteristics of all previous members. Don't be concerned with the names given in this theory. A seed or a sperm cell and ovum is called a 'morphogenetic germ'. It takes this 'germ' to tie into the influence, or 'morphic resonance', of this shaping force. 'Morphic resonance' is not explainable in terms of transmitted energies. It is non-energetic. But, it is as effective over 10,000 miles as it is over 10 feet, and as influential over a century as over an hour.

One oft-repeated question was whether or not other examples have been tracked, and the answer is yes. The most well known example involves the Parus Caeruleus or Blue Tit of Western Europe. These little birds recently learned how to open foil caps of milk bottles left on doorsteps...and drink the cream off the top. Having started in one small area, by imitation the practise spread. Suddenly, it started happening across the **entire continent**. (Incidentally, the dairies are recognizing the bottom line which will entail coming up with a different kind of sealing process if they wish to stay economically viable.)

An exciting aspect of the theory is that each of us influences the 'field'. The living members continue to contribute to and change the morphogenetic field. The field is constantly influenced by environmental, social and atmospheric changes. By exerting enough influence an evolved consciousness can alter the influencing field (hence, "the hundredth monkey" syndrome). The characteristics of survival and a brighter tomorrow for mankind are therefore integrally tied to Sheldrake's hypothesis of formative causation...morphogenesis.



Kudos for our editor, Jill Smolowe of Newsweek International magazine, who received the Overseas Press Club's Madeleine Dane Ross Citation for International Reporting. Her Child Labor cover story was simultaneously applauded by The Odyssey Institute which awarded her first place in their Media Awards competition, category national magazines, feature article.



A PART OF NATURE'S PLAN

Scientists are now addressing the prospect of the next "extinction" to visit Planet Earth--and are wondering if they can head off the disaster. "The stage has now been reached when the human race can contemplate evidence of past extinctions, discern their probable cause, and--most remarkable of all--perhaps prevent the next one happening," the magazine Discover states in its May issue in an article entitled "How to Prevent the Extinction." The article notes that the theorists now postulate a comet striking the planet was responsible for the extinction of the dinosaurs 65 million years ago. "If the new theories are right," says Discover, "this means preventing comets or asteroids from striking the earth--a tall order. But it can be done."

Today, scientists in labs from the Massachusetts Institute of Technology in Boston to the Jet Propulsion Laboratory in Pasadena are seeking ways to divert a comet or asteroid from collision with the earth. One method, described in Discover, involves firing an explosive warhead into the atmosphere to change the object's trajectory. The closer the asteroid or comet comes to the earth, the greater the amount of explosive needed to change the course. Or so scientists are theorizing.

"The warhead could be detonated either behind the asteroid (comet) or ahead of it, to speed it up or slow it down. In either case, the change in speed would alter the asteroid's orbit, causing it to miss the earth" the article notes. The key problem.. and the most difficult one..in intercepting an asteroid or comet headed for the earth is spotting it in time. Estimates that the minimum warning needed to take effective action against an approaching asteroid would be about five and a half months. This would allow time for a missile to travel to the object while it was still far enough away to be effectively deflected. But even with the most powerful telescopes, infrared satellites, and sophisticated computers, astronomers cannot be sure of sounding a timely warning."

The Update usually avoids specific predictions because they are so often inaccurate. Greta's "scenario" as described by the Ogatta group is devoid of specifics (although it is unfolding before our eyes daily). We did, however, recount an incident in the Jan/Feb 1982 Update in which Greta was shown

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(not by the Ogatta group) a comet striking Planet Earth. Greta's decision to reveal this 'futurism' was triggered by her later reading a prediction by Elizabeth Van Buren that "a comet will tear the earth." The Ogatta group was able to block the place and date of the collision--but not the images of destruction. It remains a living horror for Greta.

At the time we wrote "PSI..ETI..and COMETS," there were details and statements from the Ogatta group that were omitted because we didn't feel they were pertinent to the article. With Discover's publication of the work on intercepting comets, however, we feel we should share this information. Several projects are underway to intercept Halley's Comet in 1985-86 to discover the true nature of the nucleus of a comet. It is currently thought to be a 'dirty snowball' and to contain mostly ice. What we will learn, the Ogatta group told us, is that the comet has a nuclear furnace in its center. Were a comet to strike the earth, its impact would equal that of a very major nuclear explosion. What the other extra-terrestrial group showed Greta in trying to dissuade her from speaking out is that all of the efforts of the world powers to detonate the comet and/or divert its collision course with earth will fail. The comet will strike a population dense area somewhere on our planet and many will perish. It is part of "nature's plan".

Tesla Tidbits

Much has been written about Nikola Tesla, the inventor extraordinaire who refused the Nobel Prize for his discovery of alternating current electricity. Every now and again, more facts come to light about Tesla's supra-normal abilities. Here are some random and tantalizing tidbits. Tesla could hear thunderclaps from 550 miles away instead of the normal 150 miles. He could hear a watch tick from three rooms away and a train whistle from a 21-mile distance. His pulse fluctuated wildly from sub-normal to 260 beats per minute, and whenever he passed under a bridge, he experienced a crushing pressure in his skull. He had an innate rapport with birds--and he firmly believed in extraterrestrial life. For our numerologists, note that he favored numbers divisible by three. Tesla, who shunned orthodox medicine, chose his moment to die and then passed away peacefully in his own bed on Jan. 7, 1943.



MOUNTAIN MUSINGS

It's May 22nd, and I've just returned from putting our daughter, Ann, back on the Appalachian Trail (AT) to continue her journey from Georgia to Maine. The AT passes within 20 miles of Reisha Way, and Ann came off the trail after her first 250 miles to re-align her 42-pound backpack and readjust the packages of the supplies she has carefully planned and which we mail to her at designated drop-points. It was a time for reflection as I watched our smiling youngest resume her awesome journey along a 2100 mile route.

Greta and I have long appreciated the importance of what historian Arnold Toynbee has termed the "time honored unit of strength," the family. From the beginning we tried to establish an enclave of support from which each of the family's members can draw needed strengths and give to the unit their very best. Sometimes we're proud of our achievements; other times we are painfully aware of our inadequacies.

The Ogatta group offers some interesting alternatives that help to guard against such inadequacies. (Please realize that family arrangements were described in terms that Greta and I could fully understand and therefore we offer a limited view of the group's exciting family structure.) The family in the air-based Ogatta jorpah (planetary system) includes "two natural, merging parents" (genetic?) plus one additional male figure and two additional female figures. Each provides a strength and support from which the new entity can draw in his development to maturity. Each fills a vital parental role. These five 'parents' can be native to any of the planets in the jorpah, not just the one on which the entity is born. The reasons given are two-fold. It takes five mature entities to surround the youngster adequately with the love, understanding, knowledge, and time they deem necessary. And, it allows each of the parents to be productive in his/her chosen field while still parenting. They ascribe great importance to the role of parent. The future of their system depends on the job being done properly. While this is a most incomplete description of family life on Ogatta it suggests an alternative to a lot of the problems that arise in the two-parent (or lately, one-parent) families on Earth.

The notion of extended family is not totally "out of this world". "The Marriages Between Zones Three, Four, and Five", a novel by Doris Lessing of Britain, was recently sent to us by an Updater. We've always thought that Lessing writes fiction with a New Age flair that suggests input beyond her earthly knowledge. We were not surprised when we ran across this description of family life in Zone Three. "Several men were chosen as beneficial influences for her child. They were Fathers of the children just as much as the Gene-Fathers were. Every child in the zone had such exactly chosen Mind-Fathers, who were as responsible for it as were the Gene-Fathers. These men formed a group who, with the Gene-Mother, and the women who cared for the child, considered themselves joint-parents, forever available to her, or him, any time they were needed, collectively and individually. If she were pregnant, she could not begin too soon to choose her child's good influences."

At a time when "family" is becoming a lower and lower priority in our society, it is interesting to consider these alternative groupings.



ON NETWORKING

Since becoming 'new age' adherents, we've noticed the term networking cropping up again and again. But what networking actually is, we have often wondered. Guessing there are others who share our ignorance, we offer this definition of Networks & Networking from MINDSCAPE, a self-described group of explorers seeking to improve the quality of life through a new awareness of the power of the mind and the nature of reality. "Networks are people talking to each other, sharing ideas, information and resources. The important part is not the network itself, the finished product, but the process of getting there—the communication that creates the links between people and groups of people. In networking, groups of people come together through newsletters, workshops, phone calls, conferences, tapes, etc., to communicate about and attempt to address the concerns and problems that traditional structures have failed to address." Based on this definition we would call our Update family a very special, high quality Network of thinking individuals.



"Man's Inhumanity to Man and Nature's Plan"

On NATIONAL FINANCE

& the SCENARIO

A day doesn't pass that we don't read about budget deficits, major bank problems or some other contributor to a possible financial change. Initially I thought it was unique to the times and changing global requirements. But, reading a passage recently from the 18th century Frenchman, Alexis De Tocqueville, who wrote so brilliantly on the founding of our country (Democracy in America), I realize that the conditions fall in the "it's all happened before" category. De Tocqueville wrote, "A democracy cannot exist as a permanent form of government. It can only exist until the voters discover that they can vote themselves largess from the public treasury. From that moment on, the majority always votes for the candidate promising the most benefits from the public treasury, with the result that a democracy collapses over loose fiscal policy." While this is much too simplistic for our complex financial times it does carry with it a strong political message. And, it speaks to the drain of institutionalizing large welfare systems.

ON FEDERAL SPENDING

The Grace Commission found that 100% of all the money the U.S. government collects in individual and corporate income taxes is spent for only two purposes: interest on the national debt and transfer payments to welfare recipients, etc. NOT a single dime of the enormous federal income tax is available for buying new military hardware, improving or maintaining existing federal facilities or running the federal bureaucracy.

On Federal Budget Growth

"The fastest growing segment of the federal budget is now the Civil Service Retirement System. Currently the fourth largest federal entitlement program, ranking behind only Social Security, Medicare and Unemployment Compensation, it will soon be third if the present rate of growth continues. The Federal Civil Service Retirement System also has a current unfunded liability of \$514.8 billion. Despite the Reagan administration's efforts to roll back taxes and reduce government interference in the economy, the fastest "growth industry" is the federal entitlements system." -The D.J. Hoppe Analysis.



Time Magazine has called our attention to a blight that is ravaging the forests in the eastern United States. Their article entitled "Puzzling Holes in the Forest" describes the damaged area as stretching from Maine to Alabama. It likens the damage in eight Eastern states to the devastation in West Germany's Black Forest, which we have already reported. Arthur Johnson, a soil expert at the U. of Pennsylvania is quoted as saying, "Most people think of remote mountains as ideal vacation spots that are very clean, but they're not. Most isolated areas in the mountains of New England have abnormally high levels of copper, zinc, nickel and cadmium. And the Green Mountains of New Hampshire, seemingly pristine, in fact rival big cities when it comes to lead pollution."

We found the article particularly interesting because it offers an explanation for the problems occurring on Mt. Mitchell, the highest peak in the eastern U.S. (and only an hour from Reisha Way). The mountain is enshrouded for as much as a quarter of the year in clouds loaded with acidic chemicals and toxic heavy metals spewed by industrial factories. This pollution has caused damage to red spruce, balsam firs, and other trees. We have seen the damage and it is heartbreaking. Man has upset the balances of the ecology and nature. It looks like a disaster area.



From the newsmagazine L'Espresso of Rome, we get a scorecard of European air polluters. The Soviet Union is first among Europe's "great polluters," emitting 25 million tons of sulphur dioxide annually and causing forest-destroying acid rain. Britain is second worst, third and fourth are East Germany and Czechoslovakia, with the highest concentration of sulphur dioxide per capita. The data comes from Swedish scientists. The article states that the Soviet Bloc ignores pollution controls because "...the obligations of the economy overrule other considerations." It quotes the exiled Soviet biologist Zhores Medvedev as saying that ecological disasters are frequent in the U.S.S.R., including a dike collapse last September that flooded the Dniester River with chemical fertilizer.

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WHERE TO GO?

A familiar question asked of us is why we chose to live in the western mountains of North Carolina. "Did the Ogatta group direct you there?" We moved to this area for many reasons, not the least of which is the beauty and the peacefulness of the place and its surroundings. It has numerous advantages. All water emanates from the county. There are numerous springs right on our property. There is substantial quartz (not limestone) content in the mountains which surround us; this provides a very high energy level. These mountains do not hold the snow, and there are four definite seasons, each of which we have come to love. Our neighbors are survivalists in the purest sense.

"But what shall I look for?" is another matter. I wouldn't presume to tell another how or where to live, but Dick and I can pass along some of our own guidelines which helped us to determine where to relocate. Ask yourself these questions:

- 1) Is it far enough away from a major city to be safe in case of strikes, shortages, rioting?
- 2) Is it within reasonable distance of an airport? (For travel purposes, company, and freight and express mails.)
- 3) What are the cultural resources within a radius of 100 miles?
- 4) How are the shifting weather patterns affecting the area?
- 5) How close is it to a fault line? A nuclear facility? A pollution-producing industry?
- 6) What is the independence level of the average citizen?
- 7) Has the crime rate dropped or risen in recent years?
- 8) Can you grow your own food for year-round storage?
- 9) Are you permanently tied to your life-style? Job? Geography? (Think about these honestly and carefully).
- 10) WHAT IS THE WATER SITUATION?

"Surviving" is a term applicable to everyday living, not just during and after catastrophes. People seek change...and then often resist it. We did not. Viva, Reisha Way!

SUBSCRIBER Scribings

From their New Frontiers Center in Wisconsin, Updaters Mary Jo & Walter Uphoff share with us portions of the declassified report - "Controlled Offensive Behavior-USSR"

- by the U.S. Defense Intelligence Agency. It revealed: "The Soviet Union is well aware of the benefits and applications of parapsychology research. The term parapsychology denotes a multi-disciplinary field consisting of the sciences of bionics, biophysics, psychophysics, psychology, physiology and neuro-psychiatry. Many scientists, U.S. and Soviet, feel that parapsychology can be harnessed to create conditions where one can alter or manipulate the minds of others. The major impetus behind the Soviet drive to harness the possible capabilities of telepathic communication, telekinetics and bionics are said to come from the Soviet military and the KGB (Committee of State Security; Secret Police)."

The report further stated that "the potential applications of focusing mental influence on an enemy through hypnotic telepathy has surely occurred to the Soviets...Control and manipulation of the human consciousness must be considered a primary goal." We must never lose sight of the fact that there are U.S. covert government agencies which have also used mind-altering drugs and telepathy to program unsuspecting persons for spying and other purposes. We can tell you from first hand experience that goes back to 1978, that when the Russians beam ELF waves (Extra Low Frequency), there is no stopping or weakening these signals. When they hit their target, all that the recipients of those ELF waves can do is react. Not act. It's spooky! When we were in Iceland with the Frontiers of Physics Conference, Dr. Puharich let us know (after the fact) that he had detected on a special radio band ELF waves beamed at us from Riga, Latvia, at a rate of 6.66 Hertz. There were 42 scientists, Dick and myself, present. Every one of us became extremely nauseous, depressed, and/or highly emotional. The Good Doctor's short-wave radio provided the explanation.

Psychotronics--psychic warfare--is the subject today for many a seminar around the globe. All living systems tune in and react to frequencies beamed at certain wavelengths. Some of these frequencies can be used to weaken or control a species. It is a subject of grave concern to the thinking scientist, chemist, biologist, parapsychologist, government official...and man in the street. Any street. Anywhere. Everywhere.



POWER POINTS

Just as the body has certain centers, chakras, and pressure points where energy concentrates and accumulates, so the earth is dotted with power points where "etheric energy" is grounded. The power points are connected together by ley lines, or extensions of the etheric web. There are those who believe that these power points are the meeting place between two dimensions. They say that if the energies of a power point are properly anchored and stabilized, they can be used to influence life on the planet. THE MAGIC OF FINDHORN puts it this way: "When you convert a home from coal to electricity, you have to change the fittings and devices which are to receive this new energy; similarly, the consciousness of man must change in order to fully receive the New Age energies."

I have no doubt that there are power points and indeed power centers all over the globe. You cannot see them or describe them...you have to experience them. I had such an experience while walking in the mountains of North Carolina with four men. Suddenly, my left leg would not take a next step. It felt 'rooted' to the earth. At first I thought my leg was in an animal hole, but looking down, it was flat on terra firma. And unmoveable! Three of the four men with me were over 6 feet tall and all weighed more than 180 pounds. Collectively and individually they tried to pry my leg loose--and could not. It was bewildering and rather spooky, to tell the truth. One of the men - a gentle scientist - suddenly said, "It's a power point!" He suggested that we all stand still for a few moments, and then, as suddenly as my leg had "stuck to the ground", it suddenly released and I continued walking as if nothing had happened.

One of the four men was Dick. We talked about the episode for quite some time. We theorized that there is a vibrant and very powerful energy which forms a matrix all over the planet and is available to those who would seek and find it. For a few special moments in time, I think I found it.

Food for Thought & Storage

Here are some helpful bits and pieces of information from your fellow Updaters on the subject of indefinite food storage life: Whole kernel wheat (because it is protected from oxidation by Vitamin E without which the wheat germ oil would become rancid). Vinegar (not usually included in storage

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programs but helpful in actual food preparations, recipes). Cocoa mix (sugar-filled but great cold-weather drink). Herb teas (make sure they are packed for 'long term' storage). Seeds (the nutritional value of seeds is protected by nature). NOTE: When storing, look for items that contain anti-oxidant food preservatives, e.g. BHT, BHA, Vitamin C, etc. Also, have some freezer-dried foods in foil packages on hand for short-term emergencies.

On ABSOLUTES

Most humans are obsessed by absolutes on which to hang their lives. Early in the relationship with the Ogatta group they cautioned us that we "had better learn to blur the lines...all lines." There are no rights and no wrongs--only our subjective interpretations of specific events. They pointed out certain customs that are interpreted as 'courteous' in one part of the world and 'rude' in another. We have come to expect reinterpretations of the constitution by the nine judges on the Supreme Court and cyclical revisions of history by eminent scholars. In other words, as the King of Siam once noted, the things of which we are absolutely certain, we really do not know.

Take the concept of a SUPERPOWER. The U.S. and the U.S.S.R. are acknowledged military "superpowers". But Harry Schultz, in his International Letter, shows other possible interpretations. The two economic superpowers, he says, are the U.S. and Japan. In terms of raw manpower the only superpower is China. The superpower of guts goes to Poland, the only nation to stand up to communism without weapons. In terms of the misuse of resources, the superpower is India; the best-use-of-resources superpower is HongKong. In Schultz's opinion there are two cultural superpowers, the UK and France, and one financial superpower, the U.S. He concludes by stating that "the U.S.S.R. is a mini-power, a micro-state (except weapon-wise) with a fourth-world standard of living and poor use of its manpower and resources. Only in the violation and suppression of human rights, does the U.S.S.R. rank at the very top--a very subjective view, indeed.

We don't necessarily agree with all of Mr. Schultz's interpretations, but they serve nicely to illustrate the subjective nature of words. There is only our personal notion of 'right and wrong', 'good and bad', that gives them their meaning. Pardon this absolute statement, but there are no absolutes.



The CIA looks at Psi Research

Jack Anderson ran two columns on consecutive days in the Washington Post about psychic studies and the involvement of the U.S. government in them. While Anderson seeks to keep the pot boiling with his column and tends toward the sensational more often than not, he is thorough in checking his information before publishing it. We therefore give you excerpts from the two columns without any further comment:

* "U.S. intelligence agencies won't talk about it, but they are rushing to catch up with the Soviet Union in what one scientist jocularly calls 'the race for inner space'--psychic research."

* "The Army's intelligence chief, Lt. Gen. William Odom is worried about intelligence reports that the Soviets are far ahead in psychic research."

* "The CIA also is taking psychic research seriously. Former CIA director Stansfield Turner told critics that their skepticism about the CIA's psychic projects was healthy but that the research should keep pace with their skepticism."

* "The CIA sent representatives to a parapsychology conference in Virginia last December. There was serious discussion of remote viewing. In fact, the CIA is now seriously pondering the possibility of raising 'psychic shields' to keep Soviet remote viewers away from our secrets."

* "The CIA's latest remote viewing project was code-named "Grill Flame," and carried out by Harold Puthoff and Russell Targ." (A-ha! Targ? With the CIA? See the last paragraph on the last page of the Mar/Apr. '84 issue of the Update: Vol.3, No.4.)

* "Despite some impressive achievements, sources told my associates that the psychics' success rate is only about 70%." (70% does not strike this psychic as too terrible.)

Tilting Toward Change

Edgar Cayce died in 1945, but not before he predicted that we of the late 20th century would experience a violent birth into a "New Age". Fifteen transcribed readings contain events predicted for the period ending with the year 2000. One prediction relating to the United States is: "The waters of the Great Lakes will empty into the Gulf of Mexico."

The Woodrew Update: A S.T.A.R. Foundation publication. 1 year subscription with donation of \$25 or more to S.T.A.R. Back issues: \$4 each.

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It has been known for some time that the Great Lakes sit on top of the subsurface Michigan Basin. Geologists C.R. Longwell, A. Knopf and R.F. Flint, in their standard geological reference work, PHYSICAL GEOLOGY, write: "An excellent example of tilting on a large scale is offered by the Great Lakes. To the northeast the land has risen since the disappearance of the Great Ice Sheet (glacial rebound) and as a result, the lake basins have tilted southwestward. The tilting movement is still in progress..." Cayce's prediction is that the Great Lakes will eventually spill into the Gulf of Mexico via the Illinois Basin and the Mississippi River.

Now an article in the Science section of the New York Times, March 6, 1984 gives further scientific corroboration that such tilting is possible. "Scientists using earthquake waves to chart the earth's interior have indicated a deep-seated, superheated zone beneath the western region of North America. It is proposed that the western and eastern halves may eventually split apart. The three-dimensional mapping technique also appears to show that the former floor of the Pacific Ocean now lies under the East Coast and western Atlantic."



STRESS is the product of an on-going, changing, troubled relationship between the individual and the environment.

S.T.A.R. Activities

On Thursday evening, Aug. 16th, at 7 P.M., Greta will be the Keynote Speaker for the Colorado Psychotronics Association at their Second Annual Conference in Denver, Colorado at Regis College. Many old and new friends in the scientific community will be present, and the opening presentation is anticipated to get the conference off to roaring start. If you wish to hear Greta "trumpet the voice" and deliver her address, please contact Dean Stonier (303) 457-0662, for any details and/or directions.

Last month we loved welcoming the four Groves (PA.), Dr. Layne Longfellow (AZ.), and returnees Keller (Switzerland), S. Androns (FL.), B. Androns (NC), and Sonnabends (MA.).

"Ah! Sweet anticipation . . . of the Stars . . . and Smells . . . of a Summer night!"